



TransformEd: Renaissance of Liberal Arts

20–24
OCTOBER
Kaunas, Lithuania

T4EU WEEK

STUDENTS PROGRAMME

MONDAY, OCTOBER 20

Time	Activity	Location
9.00 – 10.00	Registration and welcome coffee	VMU Great Hall, S. Daukanto g. 28, Kaunas
10.00 – 11.00	T4EU Week Opening Event	VMU Great Hall, S. Daukanto g. 28, Kaunas
11.00 – 13.00	Classes	K. Donelaičio g. 52, Kaunas
13.00 – 14.00	Lunch	Mozaika - pietų bistro, V. Putvinskio g. 23, Kaunas
14.00 – 16.00	Classes	K. Donelaičio g. 52, Kaunas
17.00 – 18.00	Sustainability Workshop: “Coffee Grounds Postcards”	TBD
18.00 – 20.00	T4EU Week Welcome party event	VMU Great Hall, S. Daukanto g. 28, Kaunas

TUESDAY, OCTOBER 21

Time	Activity	Location
8.00 – 8.45	Lithuanian language for breakfast	TBD
8.15 – 8.45	Good Morning Workout - Pilates	TBD
9.00 – 13.00	Classes	K. Donelaičio g. 52, Kaunas
13.00 – 15.00	Lunch	Mozaika - pietų bistro, V. Putvinskio g. 23, Kaunas
15.00 – 17.00	T4EU Alumni session: Shaping Careers Through International Experiences	TBD
15.00 – 17.30	Participation in the T4EU Strategic Policy Conference	VMU Great Hall, S. Daukanto g. 28, Kaunas
17.00 – 19.00	Guided City tour: Kaunas Street Art	TBD

WEDNESDAY, OCTOBER 22

Time	Activity	Location
8.00 – 8.45	Lithuanian language for breakfast	TBD
9.00 – 13.00	Classes	K. Donelaičio g. 52, Kaunas
13.00 – 15.00	Lunch	Mozaika - pietų bistro, V. Putvinskio g. 23, Kaunas
14.00 – 14.45	Experience: Installation of the Blind	Soboras Nepriklausomybės a. 14, Kaunas
15.00 – 17.00	Student Forum with the President of the European Students' Union	Room 106, V. Putvinskio g. 23, Kaunas
15.15 – 17.15	T4EU Inclusion Event – Workshop “University for All: Building LGBTQ+ Inclusion	TBD
17.00 – 18.00	Visit to Planetarium	Karaliaus Mindaugo Ave. 50.

THURSDAY, OCTOBER 23

Time	Activity	Location
8.00 – 8.45	Lithuanian language for breakfast	TBD
8.15 – 8.45	Good Morning Workout - Functional	TBD
9.00 – 13.00	Classes	K. Donelaičio g. 52, Kaunas
13.00 – 15.00	Lunch	Mozaika - pietų bistro, V. Putvinskio g. 23, Kaunas
15.00 – 16.00	Visit to VMU Botanical Garden	VMU Botanical garden, Ž. E. Žilibero g. 6, Kaunas
15:30 – 17:00	Lithuanian Culinary Workshop	TBD
18.30 – 20.00	Sports Activities – Zumba Party	VMU Sports Centre, Studentų g. 9A, Akademija, Kauno r. sav.

FRIDAY, OCTOBER 24

Time	Activity	Location
8.00 – 8.45	Lithuanian language for breakfast	TBD
9.00 – 13.00	Classes	K. Donelaičio g. 52, Kaunas
14.00 – 16.00	T4EU Week Closing party	TBD

Descriptions of social activities

Sustainability Workshop – Coffee Grounds Postcards - Create eco-art postcards using coffee grounds; learn about waste reuse and natural pigments.

Lithuanian language for breakfast - Learn essential Lithuanian phrases, explore unique sounds, and enjoy language puzzles in a relaxed setting.

Good Morning Workout - Pilates – Low-impact exercises to improve flexibility, posture, and balance.

Good Morning Workout – Functional - Breathing and gentle movement to boost energy, mobility, and coordination.

Guided City Tour: Kaunas Street Art - Discover Kaunas as an open-air gallery of murals, graffiti, and creative expressions with local guides.

Experience: Installation of the Blind - A sensory journey to experience the world without sight—guided by textures, sounds, and smells.

T4EU Inclusion Event – Workshop “University for All: Building LGBTQ+ Inclusion” - Interactive workshop on building inclusive university communities for LGBTQ+ students and staff.

Student Forum with the President of the European Students’ Union - At this student forum, you will be able to learn more about international representation opportunities. During the forum, you will learn more about the representation systems of the Transform4Europe alliance’s members (higher education institutions), the role of students in the representation of the European Students’ Union, and you will have the opportunity to discuss various topics.

Visit to Planetarium (Science Island) - 45-minute immersive 8K show on constellations, galaxies, and mythological stories guided by an astronomer.

Visit to VMU Botanical Garden - Explore 62.5 ha of gardens with 7,000+ plant species, historic greenhouses, and autumn landscapes.

Shaping Careers Through International Experiences – T4EU Alumni Session - Panel with alumni and PhD students on how study abroad and international cooperation shape careers.

Lithuanian Culinary Workshop - Would you like to test your culinary skills and learn more about one of the most popular traditional Lithuanian dishes? Yes, we are talking about the pink soup! Excitement, competition, prizes, and meaningful time together – meet us at the pink soup creative workshop, where you can become a chef for a day. The number of participants is limited.

Sports Activities – Zumba Party - High-energy neon-themed Zumba dance workout—fun, fitness, and music in the dark.

Register for social and cultural activities [here](#).

If you have any questions, please contact the event coordinators via Transform4Europe@vdu.lt